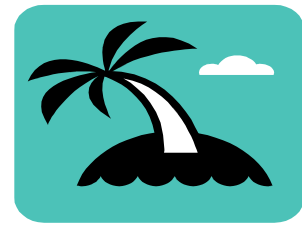




***SAN DIEGO CHAPTER
AMERICAN SOCIETY
OF SAFETY ENGINEERS***



Quarterly Newsletter

A Not-For-Profit Organization

December 2009

“Providing Leadership & Direction to the Safety Professional since 1911”

2009-2010 Officers

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***December 2009 Holiday
Luncheon & Networking
Meeting***

***When: Tuesday, December 8, 2009
from 11:30 a.m. to 1:30 p.m.***

***Meeting is FREE for San Diego
ASSE Chapter Members!!***

***FREE - IF you RSVP before
12/4/09***

***Guests and non-members are welcome, but
we must make a \$15 charge for them and
for members who fail to RSVP by 12/4/09.
We appreciate correct change or a check!!!***

***Where: Admiral Baker Clubhouse
3406 Admiral Baker Road
San Diego, CA 92120***

***Please RSVP by 12/4/2009 to:
Barbara (Barrie) Osborne, Secretary, at:
bmtconsulting@cox.net
(619) 200-7377***

We request and prefer email over phone contact.

***Directions: Interstate 15 to Friars Road East; left onto Santo Road
(traffic light); immediate right on Admiral Baker Road; go
STRAIGHT at STOP sign; pass the recreation area and part of the
golf course; road curves to right at the driving range; keep going all
the way to the Clubhouse parking lot—a total of .9 miles from
Santo Road.***



MESSAGE FROM OUR PRESIDENT

As a safety and health professional and considering the approaching holiday season, our greatest gift to the workplace and our families is to remain steadfast in our efforts to make the workplace safe and continue to communicate safety in our homes. There are times when the job we perform appears thankless and/or goes unnoticed until something significant happens. Understanding these cycles of recognition only last as long as the finger pointing, we can weather the tsunami-like tide of post incident scrutiny. Like most in this economy we are challenged by budget cuts, job uncertainty and/or whether we can do as much with the little that has been allocated. We must remember we are still professionals, we are still committed to perform to the best of our abilities and we are unwavering in our resolve to get everyone home in the same mental and physical condition as they arrived to their place of employment...with the exception of those who may have partied too hard the night before. To all who strive diligently to make the workplace safe...stay encouraged, stay committed and ...just stay. You are a Safety Professional!

Tim Johnson
San Diego ASSE Chapter President

Get to Know President-Elect Donald E. Dodson, ARM, CPDM Better

Don has been involved in risk management and safety since 1978. He earned a B.S. degree with Honors and Distinction from San Diego State University, majoring in occupational safety and health. Don has an MBA from National University with an emphasis in human resources management, an Associate in Risk Management (ARM), a Certificate in Workers Compensation Claims Administration from the Workers Compensation Claims Association, and is qualified as a Certified Professional in Disability Management (CPDM). Don recently retired as Risk Manager for the City of La Mesa, California where he served for almost 20 years. In addition to extensive private and non-profit sector experience, Don is a veteran of the Vietnam War. As an active volunteer, Don has served as the President of the San Diego Chapter of the American Society of Safety Engineers (ASSE), Chapter Chair of the Public Agency Risk Managers Association (PARMA) and President of the Public Entity Risk Management Authority (PERMA). Don is the founder and Principal Consultant for Dodson & Associates Management Consulting. Please thank Don for "stepping up" and volunteering again!

Programs – Ken Cohen, PhD (Ret.)

After a season of outstanding programs and presenters, we approach the Holiday season with our annual Holiday Lunch meeting which is free (Gratis) to all San Diego Chapter ASSE Members. In the Spirit of the Holidays we will not have a specific program, but rather an entire lunch opportunity to network and enjoy the company of your fellow safety and health professionals. Low key (volume) Holiday music will hopefully encourage the camaraderie of the season.

The program for the January 2010 meeting will be "What you should have know about trenching, and didn't know who to ask" presented by Dave Burpeau. Each and every work day millions of workers perform tasks while working underground in trenches and in excavations. Most go home at night but some do not—up to 100 of these workers die each and every year. Why?—OSHA has tried to address the many hazards of working in trenches with new regulations and standards, but the fact is: if it can go wrong, it will go wrong! This presentation addresses just that—expect the unexpected. Dave's nationwide reputation in the area of shoring and trenching expertise will become obvious during his presentation.

Ken will be stepping down in March 2010. Please consider helping out in the important function. See the following article for that opportunity!



Volunteer Opportunities—How about YOU?

All volunteer activities are a labor of love and we love our volunteers!

We are seeking a Program Chairperson to work with the current chair and assume full duties in March. The Program Chair seeks out Speakers to address issues identified by our membership as pertinent to their interests. They contact prospective speakers and review the content of their proposed presentation for relevance and interest to our membership and “book ‘em”. They get to introduce the speakers and provide information for our newsletter.

Or...

Is the HoD Delegate position right for you? This is an elected position and the Nominating Committee is still seeking candidates. Details are:

Term of office: July 1 to the following June 30. [We need someone from now until June 30, 2011.]

Qualifications: Must have been an ASSE member in good standing for at least one year prior to election and be either a Professional Member, Member, or International Member of ASSE. Prohibition: Emeritus Members, Members of the Society Board of Directors and Practice Specialty Administrators cannot serve as Chapter Delegates

Responsibilities include: 1) Represent the chapter membership to the Society House of Delegates (HoD) by voting on Society issues and providing feedback from the chapter to the Society on issues related to the profession throughout the chapter year. 2) Communicate with chapter membership to determine overall chapter viewpoint on Society issues. 3) Attend the HoD annual meeting in June or appoint a proxy to represent the chapter if unable to attend.

ASP/CSP Study Group – Cindy Reyes

The ASP/CSP Study Group meets Wednesday nights at the Pacific Safety Council [9880 Via Pasar, Suite F, San Diego, CA 96126]. You can join in anytime. For more information and to stay current on any changes in meeting times, contact me: creyes@24hourfit.com. Give yourself a fresh start for the New Year and ramp up your resume during these rough economic times with a CSP designation!

CPR-The Power to Save a Life—Steve Workman

Steve who is responsible for a campus of 6 buildings and over 900 employees at Cobham presents this article from the company newsletter. We need to make sure our employees know who is CPR trained and where the AED is located.

“The Power to Save a Life”

Do you know CPR? Do you know how to find someone who does? Refresher CPR-AED-First Aid training was recently completed. The list of newly certified employees is now on the Emergency Contact list posted throughout the campus in or near meeting and training rooms and in lunchrooms and hallways. Pictures have been added to aid in identifying targeted responders. The list is also available on the company intranet site.

What would you do if a coworker suffers a cardiac arrest and collapses at work? In the event of an emergency like this:

1. Report the emergency. If it is deemed necessary, call 9/911



2. If 911 is called, make a second call to the front desk by dialing 0 on a company landline. If the emergency happens when the lobby is closed, the second call is made to the security guard on duty from any facility phone
3. Contact a targeted responder

A cardiac arrest victim's chances of survival decrease by 7 to 10 percent each minute they are not assisted. If defibrillation is received in the first few minutes, survival rate is closer to 75%. Based on past experience, EMS response time to our campus is 10-15 minutes. This makes action taken by first responders very critical.

Three Automatic External Defibrillators (AED) have now been strategically placed in accessible areas on our San Diego campus. They are located in wall-mounted cabinets equipped with audible alarms that sound when opened. Signs will also be posted to spotlight their location. AED locations are as follows:

AED 1 - Building 2 in hallway just inside entrance that is facing B1.

AED 2 - Building 3 in hallway close to Environmental lab. (Straight in from entrance facing B4 near CA31.)

AED 3 - Building 5 in hallway outside lunchroom. (Straight in from entrance facing B6 near Document Control.)

Each AED serves 2 buildings. Building 1 and 2 are covered by AED 1, building 3 and 4 are covered by AED 2, and building 5 and 6 are covered by AED 3. This arrangement places an AED close enough to be retrieved within just a few minutes to any location on campus.

Once an AED is removed from the cabinet and taken to the location needed, the green handle is pulled. The AED will provide clear and calm voice cues that are simple to follow. Once attached to the patient, it will determine if the heart rhythm is shockable. If it is, the defibrillator directs you to press the orange shock button. It then delivers a dose of low-energy biphasic therapy, a highly effective defibrillation waveform that is also gentle to the heart. It WILL NOT direct you to press the orange shock button or provide a shock to a person that does not need it.

Everyone should take a few minutes to identify two exits out of your home building, your building staging area, the location of area fire extinguishers, and the location of the closest AED. Once you have done this, be prepared to share this information when you have visitors on site.

H1N1 Information – Cait Casey

Center for Infectious Disease Research and Policy Novel H1N1 Flu Breaking News

Flu shows signs of peak in some regions: Signs of a peak in pandemic flu activity continue in several Northern Hemisphere locations, though transmission is still intensifying in Canada and northern and southern Europe, the World Health Organization (WHO) reported today. Sharp increases were noted in Kazakhstan and Israel; Colombia and Peru also reported increases. More than 99% of subtyped influenza A viruses in Europe are the pandemic strain, and a decreasing number of seasonal viruses are being detected in China and Southeast Asia. [Nov 20 WHO pandemic update]

APHA asks Obama to support CDC's N-95 stance: In a letter yesterday, the American Public Health Association (APHA) asked President Obama to resist efforts to change current CDC guidance on respiratory protection for healthcare workers caring for H1N1 patients, which emphasizes face-fitting N-95 respirators over surgical masks. The APHA said it "supports not only the current guidance," but the process by which the guidance was derived. This stance fits respiratory-protection language in a 2006 APHA policy statement on pandemic preparedness. [Nov 19 APHA letter]

Study spotlights asthma risk in kids: A study published in *CMAJ (Canadian Medical Association Journal)* found that asthma "appears to be a significant risk factor for severe disease" in children with H1N1 flu, according to the authors. In comparing 58 children hospitalized for H1N1 with 200 children admitted with seasonal flu, the authors found little difference in flu severity between the groups. But 22% of children



admitted with H1N1 had asthma, compared with 6% of those admitted with seasonal flu. [Nov 19 *CMAJ* study abstract]

Seasonal, H1N1 strains circulating in Oklahoma: Oklahoma has had its first seasonal flu-related death of the season, showing that the seasonal and pandemic strains are both circulating in the state, according to a report today by *The Oklahoman* newspaper. State epidemiologist Dr. Kristy Bradley said five more pandemic flu deaths were reported in the state in the past week, but flu activity is slowing, with fewer flu-related hospitalizations and doctor visits. [Nov 20 *Oklahoman* report]

Glaxo recalls vaccine lot over allergic reactions: GlaxoSmithKline has withdrawn a 170,000-dose lot of H1N1 vaccine distributed in Canada because of an unusual number of allergic reactions, CTV News reported today. Health officials reported six anaphylactic reactions to doses from the lot, versus an expected rate of only one or two, the story said. The company asked provinces to set aside the doses so it can test them. Manitoba's chief medical officer of health said the reactions were brief and all the patients recovered. [Nov 20 CTV report]

China responds to underreporting claim: After one of China's top flu researchers, Zhong Nanshan, said the country might be underreporting its pandemic flu deaths, the Chinese health ministry said today that anyone concealing H1N1 fatalities would be severely punished, Reuters reported. Earlier this month the ministry adopted a new policy that deaths in patients with confirmed H1N1 would be attributed to the virus, even if they had other conditions. Zhong had said some facilities weren't testing for H1N1 in severe pneumonia cases. [Nov 20 Reuters story]

EU regulators OK single vaccine dose for most: In a reversal of earlier advice, Europe's drug regulatory agency said today that a single dose of the approved adjuvanted H1N1 vaccines may be sufficient in most adults and older children. In October the agency had affirmed an earlier two-dose recommendation. But today regulators said a single dose can be used in adults between ages 18 and 60, and also in children from age 9 (for Focetria) or 10 (for Pandemrix). They said a single dose of Pandemrix is also sufficient for elderly people. [Nov 20 European Medicines Agency release]

H1N1 N95 v. Surgical Mask: The early study showing surgical mask as effective as N95 mask for H1N1 protection has not been replicated and further review points to flaws in the study. CDC recommends N95 for high risk situations. CIDRAP at University of Minnesota is a good resource for H1N1 updates and full journal articles.

Uniform Material Safety Data Sheet: Federal Register for September 30, 2009 announces 90 day commentary period for proposed Haz Com changes. The changes are to conform to ones adopted by several nations including the European Union, known as the United Nations Harmonized System of Classification and Labeling of Chemicals (GHS).

Currently, my understanding is the GHS includes a 16 section uniform MSDS and requires each subscribed nation to indicate its national chemical definitions and measures for pure substances. Manufacturers would apply the national definitions to prepare chemical compound data sheets (mixtures) to other regulations; combustible liquid range would become permanent, not subject to change, once defined for GHS. Cost to reformulate, go green, and find less hazardous mixes could see a rise in jobs first for litigators and lobbyists—later for computer experts, chemists, translators, manufacturers, shippers, hygienists, librarians, factory workers, and consumers.



Welcome New Members

<u>Name</u>	<u>Date</u>	<u>Membership</u>
Dianna Ataiyan	Oct 1, 09	Student
Loryn Hendrickson	Nov 1, 09	Student
Arthur Mendoza	Nov 1, 09	Member

Spotlight on Chapter members

Cathi Marx ALCM, COSS, CHS-V was honored by San Diego Business Journal's Women Who Mean Business 2009 award. Cathi spoke at the Homeland Security Conference; her paper, Planning for the Unique Needs of Religious Institutions, is available on the Aspen website. [Aspenrmg.com]

Congratulations to **Alagie Sanyang**, CSP, CHST, LEEDAP, Project Manager, Bovis Lend Lease, for passing the CSP exam in November.

Cal-OSHA Reporter Supports the Community with a FREE Offer for those OUT OF WORK

Since 1973, *Cal-OSHA Reporter* has been a friend and partner to California's occupational safety and health community. Through good times and bad, from natural disasters to Cal/OSHA "disengagement," it has provided important information to the community.

Now that California is feeling the full force of economic disaster, we want to support our friends in California Chapters of the American Society of Safety Engineers (ASSE) and American Industrial Hygiene Association (AIHA) who have been laid off or who have been part of a reduction in force. An estimated 15% of California safety personnel have lost their jobs.

"A huge number of employers reduce safety staff in difficult times. We understand that the men and women of safety are the unsung heroes of industry," says Dale Debber, publisher. "We will continue to support the members of this community who have so loyally supported us all these years. Although times are tough for us, too, we think this is one way we can help to keep our unemployed community ready to come back," he said. Accordingly, *Cal-OSHA Reporter* will provide a free Premium Content subscription to out-of-work safety and industrial health people. We will deliver our weekly news to personal email addresses. If you have a friend, colleague or former co-worker in this situation, by all means let him/her know about this offer. To take advantage of this offer, you must send us an email, with the following requirements:

You are a California resident and member of either ASSE or AIHA.

Tell us where you were last employed.

Tell us when you were laid off or "riffed."

Show that you are not earning money currently in the occupational safety and health profession.

Recertify your employment status with us every 90 days.

To participate in this program, email: helpdesk@cal-osha.com

Calling all North County Members of San Diego ASSE

Both the San Diego and Orange County Chapters of ASSE have members who are "stuck in the middle", they either live or work in the Northern part of San Diego County or Southern parts of Orange County and find it difficult to attend meetings and participate in chapter activities due to the commute. If this sounds like you—now is your chance to be heard. Come to the first networking/planning meeting for a potential North County Section of San Diego ASSE.

WHEN: Tuesday, January 19, 2010 from 11:30 a.m. to 1:00 p.m.

WHERE: 24 Hour Fitness Corporate Office, 1265 Laurel Tree Lane, Carlsbad, CA 92011

RSVP: creyes@24hourfit.com or 760-918-4539 (call-in number may be available as well).

Willis Insurance Company will host lunch.



Scholarship Opportunities for Student Members

We have scholarships available to Student Members. If interested in a scholarship, please check our website for an application.

Inviting CHMMs To Our Meetings

We are cordially inviting any members of the Pacific Southwest Chapter of the Alliance of Hazardous Material Professionals to our monthly meetings. Please help us get the word out to any Certified Hazardous Material Managers that you may know. Together we can build an even stronger chapter with their unique safety expertise.

Student Membership and Public Affairs – Cait Casey

As a member of ASSE you or your organization can assist the next generation of safety & health professionals prepare for careers in construction, industry and risk management by mentoring and guiding students from local colleges; providing internships; offering work on special projects to enhance classroom learning; providing tours of your facility; having a student “shadow a professional” for a week; or just engaging in discussions of ethics, metrics, and sharing practical in-the-field stories. If you would be willing to “show the way” to a student, please contact Cait.

Have you authored or contributed to a white paper or other publication: Please send Cait a note at ccasey@aspenrmg.com so that the Chapter can note your contributions to the safety and health community and share them with our members.

UP COMING EVENTS and USEFUL LINKS



If You Have an Upcoming Event or a Useful Link

Please contact our Newsletter Editor if you have an upcoming event or a useful link you would like to share with the rest of the membership.

SAVE THE DATE - March 29-31, 2010
Pacific Southwest Safety & Health
Conference

This is a joint venture with AIHA, and in cooperation with the Pacific Safety Council, Cuyamaca College ESHM and OSHA Training Institute

For more information: www.pacificsw.org

We are seeking some volunteers for to be room monitors and assist with registration. If you are interested, please email: Steve.Workman@cobham.com



Suspension Syndrome

Website on Understanding Suspension Syndrome as a result of falling with a harness:
http://www.jems.com/news_and_articles/articles/jems/3408/dangerous_suspension.html

San Diego Area Field Federal Safety and Health Council

To get more information email: nancy.smith@usps.gov or call Bob Kelly at (602) 514-7254.

Risk & Insurance Management Society (RIMS)

Find out more about RIMS at: www.sandiegorims.org

Safety Exchange of America (SEA)

The SEA website has a great deal of useful information including safety talks, video clips and links to even more information. Check it out at: www.emeeetingplace.com/

Pacific Safety Council

Find the classes you need on the training page at: www.safetycouncilonline.com
Pacific Safety Council, 9880 Via Pasar, Suite F, San Diego, CA 92126

Employment Opportunities

Please visit: <http://jobline.sandiegoasse.org/>

There is a temporary position available in Northern San Diego County for a Safety Professional with expertise in manufacturing. Please contact Tim Johnson, President ASSE San Diego Chapter [tim.johnson@ga.com] and he will forward your resume.

ASSE

(This is also available through a link on the San Diego Chapter website.)
www.asse.org

CONTACT INFORMATION

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